



Classical Pilates Training Limited

35 Angus Road

Goring by sea

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Registered in England Company Number 06906821

## Niedra Gabriel Continuing Education Workshops booking Form.

Name: .....

Tel: .....

Address: .....

email: .....

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### Workshop options

- |  |         |                                       |
|--|---------|---------------------------------------|
| Early bird (before 5 <sup>th</sup> June 2011) Full 2 Day   | £225.00 |                                       |
| Standard (after 5 <sup>th</sup> June 2011) Full 2 Day      | £250.00 |                                       |
| Early bird (before 5 <sup>th</sup> June 2011) 2x Workshops | £117.00 | (Please tick the two workshops below) |
| Standard (after 5 <sup>th</sup> June 2011) 2x Workshops    | £130.00 | (Please tick the two workshops below) |

### Individual workshops

- Standing Matwork (10:30 - 13:00) 23/07/11 £85.00
- Magic of the Barrels max efficiency (14:00 - 16:30) 23/07/11 £85.00
- Backbends in Pilates (10:30 - 13:00) 24/07/11 £85.00
- Spotting clients for max efficiency (14:00 - 16:30) 24/07/11 £85.00

### Masterclasses

- Masterclass Standing Mat (09:30 - 10:30) 23/07/11 £15.00
- Masterclass Reformer on the Mat (09:30 - 10:30) 24/07/11 £15.00
- Both of the above Masterclasses £25.00

Cheques made payable to Classical Pilates Training Ltd